

Saturday 23rd March 2019
Improve Your Show Jumping Clinic
With Ellen McPherson

A selection of exercises over ground poles, cavalettis and gymnastic jumps to help you improve your overall style and jump quality. Sessions suitable for all abilities.



A little bit about Ellen

Ellen is a 21 year old International show jumper.

Competing regularly from British Novice up to CSI** 1.40m on a variety of different horses; her string of horses varies from 3 year olds to 1.40 horses which she has produced from the start of their jumping career!

Ellen was selected for the 2018 Step Up To Gold programme run by the BSJA and supported by Sport England and the National Lottery, whereby only 8 riders throughout the UK were selected.

She is currently on the British Equestrian Federations Young Professional Programme, which is also supported by Sport England and funded by the National Lottery.

Ellen is representing the BSJA as the ONLY SHOWJUMPER to be selected onto the 2018/2019 cohort.

An approachable, understanding & friendly individual who will be certain to have you beaming with confidence after the coaching session is complete!

- Qualified UKCC Level 2 Coach.
- First Aid Qualified.
- Safe Guarding completed.
- Fully Insured.

Places can be booked online via www.deanvalley.co.uk and must be paid for in full at the time of booking to secure your place.

- Level 1 - Ground poles only
- Level 2 - Cavaletti poles / small jumps (60-70cm)
- Level 3 - Cavaletti poles/ larger jumps (70cm +)

45 minute shared lessons (no more than 3 in a group) - £25 per person

Sessions available from 10am until 3pm – please note your level and preferred time slot when booking, we will do our best to accommodate.

In the event that we become full, we will implement a waiting list.

Please see Dean Valley's Hat Safety Policy and H&S Disclaimer – these can be found on the website.

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